

Long Term Curriculum Plan 2024-2025

Throughout our curriculum planning we remain focused on delivering a 21st century curriculum designed to ensure pupils are well prepared for the future.

Subject: PSHE & Careers	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Topic Heading	Health and Wellbeing	Living in the Wider World	Relationships	Living in the Wider World	Health and Wellbeing	Relationships
Year 7 Content (skills and knowledge) NC Year PA Stage S2- S5	<p>Transition to secondary school Diet, exercise and making healthy choices.</p> <p>Managing the challenges of moving to secondary school Identifying and expressing emotions in a constructive way. Recognising healthy options for wellbeing</p>	<p>Introduction to careers Challenging career stereotypes and raising aspirations</p> <p>Identifying a broad range of careers and the abilities and qualities required. Challenging common career stereotypes and identifying future aspirations.</p>	<p>Managing puberty and personal hygiene</p> <p>How to manage physical and emotional changes during puberty Understanding personal hygiene. How to recognise and respond to inappropriate and unwanted contact and how to access help and support.</p>	<p>Independent living focussing on money management</p> <p>Recognition of coins and notes. Saving, spending and budgeting. Online gaming transactions.</p>	<p>Personal and road safety and the role of the emergency services</p> <p>Personal safety strategies and travel safety, e.g. road, rail and water. Responding in an emergency situation and basic first aid.</p>	<p>Introduction to relationships and sexual health education</p> <p>Relationships: families, romance and friendship. Recognising different families. How to establish and manage friendships. Recognising qualities and behaviours relating to different types of positive relationships.</p>
Enrichment Opportunities	Macmillan Coffee Morning Cake Sale			Bowles & Wells Financial	PCSO / Coastguard Workshop	

					Education Workshop		
Topic Heading	Health and Wellbeing	Living in the Wider World	Relationships	Relationships	Health and Wellbeing	Relationships	Living in the Wider World
Year 8 Content (skills and knowledge) NC Year PA Stage S3-S6	<p>Recognising role models and managing peer influence</p> <p>Identifying personal strengths and areas for development. Recognising how role models can make a positive and negative impact on others. Recognising alcohol and drug misuse in society.</p>	<p>Rights and responsibilities in the community</p> <p>Recognising different groups that we belong to and the expectations within them. Signs and effects of bullying, harassment how to respond and how to support others.</p>	<p>Online safety and digital literacy</p> <p>Managing online friendships. Using social media sites safely. Identifying the signs and effects of online bullying and how to respond. Role of CEOP Identifying fake news, hoaxes and scams. Laws around sexting.</p>	<p>Physical and mental health and wellbeing, including body image, diet and exercise</p> <p>Recognising attitudes towards mental health Challenging myths and stigma. Strategies for daily wellbeing and how to manage emotions</p>	<p>Introduction to sexuality and consent</p> <p>Revisiting the physical and emotional effects of puberty. Qualities of positive, healthy relationships. Understanding gender identity and sexual orientation and introducing consent.</p>	<p>Human rights and justice, democracy and politics</p> <p>Recognising basic human rights and differentiating between want and need. Understanding of how the British political system works and the processes involved.</p>	
Enrichment Opportunities		Kent Association for the Blind Workshop					
Topic Heading	Living in the Wider World	Relationships	Health and Wellbeing	Health and Wellbeing	Relationships	Living in the Wider World	
Year 9 Content (skills and knowledge) NC Year PA Stage S4-S7	<p>Understanding different careers and future aspirations</p> <p>Awareness of the different employment sectors and the jobs and careers within them. Recognising own skills and qualities and linking them to</p>	<p>Peer influence, healthy and unhealthy relationships assertiveness, risk and gang crime.</p> <p>How to distinguish between healthy and unhealthy friendships. How to assess risk and manage influences, including online.</p>	<p>Families and parenting. Conflict, resolution and the dangers of running away from home. Managing change and loss.</p> <p>Identifying different types of families. Positive relationships in the home and ways</p>	<p>Managing peer pressure Assessing the risks of drug and alcohol abuse.</p> <p>Recognising the relationship between physical and mental health. Balancing work,</p>	<p>Revisiting relationships and sex education including healthy relationships and consent</p> <p>Recognising healthy and unhealthy relationships. Recognising how</p>	<p>Tackling racism, homophobia, transphobia, sexism and religious discrimination</p> <p>How to manage influences on beliefs and decisions. Awareness of how</p>	

		different jobs and careers. Use of Job Explorer Database for labour market information.	Managing risk in relation to gangs. Legal and physical risks of carrying a knife	to reduce homelessness amongst young people. Conflict and its causes in different contexts, e.g. with family and friends. Managing relationship and family changes. How to recognise passive, aggressive and assertive behaviour, and how to communicate assertively	leisure, exercise and sleep. Influences on body image and the ability to make independent positive health choices. Recognising social norms in relation to drug and alcohol use and the legal and health risks in relation to drug and alcohol use, including addiction and dependence	the portrayal of relationships in the media and pornography can affect expectations of intimate relationships. How to assess and manage risks of sending, sharing or passing on sexual images.	to develop self-worth and confidence. Recognising and challenging sexism, homophobia, biphobia, racism and religious discrimination. Recognition of The Equality Act 2010.
	Enrichment Opportunities		Magistrate Workshop Fearless Workshop	Careers Evening		Gallagher Careers Fair	Alumni Workshop
	Topic Heading	Health and Wellbeing	Relationships	Relationships	Health and Wellbeing	Living in the Wider World	Living in the Wider World
	Year 10 PSHE Content (skills and knowledge) NC Year PA Stage S5- S8	Mental health and ill health and tackling stigma. Safeguarding health. Recognising how to manage challenges during adolescence. Strategies to promote mental health and emotional wellbeing. Evaluating the portrayal of mental health in the media.	Revisiting internet safety. Understanding the risks associated with social media and recognising exploitation. Recognising how social media may distort, miss-represent or target information in order to influence beliefs and opinions.	Tackling relationship myths and expectations. Parenting and pregnancy and revisiting consent. Evaluating readiness for sexual activity, the choice to delay sex, or enjoy intimacy without sex. Myths and misconceptions	Exploring Influence: Evaluating the impact of drugs, gangs and the media Recognising the effects of drugs and alcohol on individual's personal safety, families and wider communities.	Independent living skills and the consequences of debt and gambling. Exploration of the cost of living independently and what financial help may be available. Recognising various payment methods and	Enterprise Project Role of Entrepreneurs in society Plan, prepare and carry out an Enterprise project to raise funds for leavers activities

		Understanding the signs of emotional or mental ill-health and how to access support and treatment.	Managing conflicting views and misleading information. How to recognise and respond to extremism and radicalisation	relating to pregnancy, contraception and consent. Recognising effective use of condoms and consequences of unprotected sex. Exploration of the physical, emotional and financial role of a parent.	Strategies to keep self and others safe in situations that involve substance use. Managing peer influence in relation to substances, gangs and crime. Exit strategies for pressurised or dangerous situations and how to seek help for substance use and addiction.	evaluation of each. Prevention and management of debt. Recognition of links between gambling and micro transactions in gaming.	
	Enrichment Opportunities		Magistrate Workshop Fearless Workshop: Radicalisation and Exploitation	Sexual Health Nurse Workshop Careers Evening	Reform, Restore, Respect Assembly	Bowles & Wells Financial Education Workshop IAG Careers Interviews	BGS Alumni Workshop
	Topic Heading	Careers	Careers	Careers	Careers	Careers	Careers
	Year 10 Careers Content (skills and knowledge) NC Year PA Stage S5 – S8	Transition to key stage 4 Recognising learning styles, strengths and setting goals for the future. CV & Personal Statement	Identifying the range of 16+ provision and the routes into them Identifying access to traineeships, apprenticeships, 6 th form, college and specialist provision.	Exploration of job families and the relationship with future careers and STEM subjects Use of Job Explorer Database (JED) to access labour market information	Preparation for work experience. Interview techniques, employment opportunities and travel training options.	Evaluation of work experience and readiness for work Different methods of job searching, application form practice.	Planning and carrying out an enterprise project

Enrichment Opportunities	Catch 22 Provider Visit	Engagement Officer: Careers & Enterprise Company	STEM day workshops Liaison/ Transition Officer Mid Kent College		External Work Experience Placements IAG Careers Interviews	BGS Alumni Workshop
Topic Heading	Careers	Careers	Careers	Relationships	Relationships	
Year 11 Content (skills and knowledge) NC Year PA Stage S6 – S9	Understanding the college application process and plans beyond school Exploring post 16 provision. Identifying routes related to career pathways. Writing a personal statement and CV Participation in the Happy Apple Enterprise Project (or other preferred option as chosen by pupils)	Preparation for work experience week Work experience week evaluation and review Completion of personal statements and CV's	Health, safety and security in and out of the workplace and independent travel arrangements Understanding driver responsibilities and pedestrian safety. Legislation of HASAWA, COSHH and RIDDOR. First Aid revisited Revisit Personal statements and CV's.	Revisiting sexual health, consent and the consequences of unprotected sex. How to challenge harassment, exploitative and abusive relationships and how to access support. Recalling knowledge of STI's and contraceptive methods.	Families, parental responsibilities, pregnancy, marriage and changing relationships Recognising changing family structures and the readiness for parenthood and positive parenting qualities. Fertility changes and variations. Adoption and fostering.	
Enrichment Opportunities		External Work Experience Placements		Sexual Health Nurse Workshop Fearless Workshop: County Lines Reform, Restore, Respect Assembly		