

<i>Policy adopted by Governors</i>	<i>2003</i>
<i>Policy to be reviewed every 2 years by Strategy Team (Website)</i>	<i>January 2020</i>
<i>Policy to be reviewed</i>	<i>January 2022</i>

**BOWER GROVE SCHOOL**

**STRESS MANAGEMENT POLICY**

Bower Grove School has adopted the Kent County Council Policy and Guidelines as outlined in:

Managing Stress at Work – Managing the relationship between work and health (July 2019)

The above document is available to download from the KELSI Web site using the following link

<http://www.kelsi.org.uk/policies-and-guidance/health-and-safety-guidance/health-safety-and-welfare-assessments>

In addition Bower Grove have a “Help Available” booklet which is given to Staff in their induction pack and is also available within the New RM Staff/Staff Manual/Staff Induction computer area.