

MENU Thursday 2nd September – Friday 22nd October 2021 - SCHOOL MEALS COST £2.30 PER DAY (£11.50 PER WEEK)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/B 30 th Aug (week 1)				Pasta Bolognese 2 Pasta with Tomato & Basil Sauce 2 Peas & Carrots Date Slice 2	Chicken Burger 2, 4 Southern Style Quorn Burger 2, 4, 7 Sweetcorn & chips Choc Ice 7
W/B 6 th Sept (week 2)	Lasagne 2, 7 Roasted Vegetables with Rice 2 Garlic Bread 2 Coleslaw 4 & Salad Yoghurts 7	Cheese & Ham Quiche 2, 4, 7 Pasta with Tomato & Basil Sauce 2 New Potatoes & Salad Corn on Cob Shortbread Biscuit 2, 7	Chicken Tikka 4, 7, 9 Vegetable Kebab Rice & Peas 2 Banana Bread 2, 4, 7	Roast Beef Quorn Sausages 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Carrots & Cauliflower Jelly & Fruit	Chicken Nuggets 2, 4 Veggie Nuggets 2, 4 Chips & Beans Frozen Yoghurt 7
W/B 13 th Sept (week 3)	Meatballs 2, 4 Quorn Meatballs 2, 4 Pasta with Tomato Sauce 2 Green Beans & Carrots Cup Cakes 2, 4, 7	Chicken Fajitas 1, 2, 4 Quorn Fajitas 1, 2, 4 Potato Wedges Corn on the Cob & Salad Yoghurt 7	Chicken Korma 4, 7, 9 Pasta with Sauce 2 Rice & Naan Bread 2 Peas & Sweetcorn Apple Pie & Cream 2, 7	Roast Turkey Mac & Cheese 2, 7 Roast Potatoes & Yorkshire Puddings 2, 4, 7 Cabbage & Carrots Toffee Flavour Mouse 7	Sausages Quorn Sausages 4 Chips & Peas Coleslaw 4 Fruit Salad & Cream 7
W/B 20 th Sept (week 4)	Pasta Bolognese 2 Pasta with Tomato & Basil Sauce 2 Peas & Carrots Date Slice 2	Jacket Potato Tuna or Chicken Mayo 4, 5 Beans or Cheese 7 Salad Chocolate Muffins 2, 4, 7	Pepperoni Pizza 2, 7 Jacket Potato with Tuna Mayo 4, 5 Garlic Bread 2, 7 Salad Victoria Sponge 2, 4, 7	Roast Gammon Quorn Fillets 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Cabbage & Broccoli Yoghurt 7	Chicken Burger 2, 4 Southern Style Quorn Burger 2, 4, 7 Sweetcorn & chips Choc Ice 7
W/B 27 th Oct (week 5)	Lasagne 2, 7 Roasted Vegetables with Rice 2 Garlic Bread 2 Coleslaw 4 & Salad Yoghurts 7	Cheese & Ham Quiche 2, 4, 7 Pasta with Tomato & Basil Sauce 2 New Potatoes & Salad Corn on Cob Shortbread Biscuit 2, 7	Chicken Tikka 4, 7, 9 Vegetable Kebab Rice & Peas 2 Banana Bread 2, 4, 7	Roast Beef Quorn Sausages 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Carrots & Cauliflower Jelly & Fruit	Chicken Nuggets 2, 4 Veggie Nuggets 2, 4 Chips & Beans Frozen Yoghurt 7
W/B 04 th Oct (week 6)	Meatballs 2, 4 Quorn Meatballs 2, 4 Pasta with Tomato Sauce 2 Green Beans & Carrots Cup Cakes 2, 4, 7	Chicken Fajitas 1, 2, 4 Quorn Fajitas 1, 2, 4 Potato Wedges Corn on the Cob & Salad Yoghurt 7	Chicken Korma 4, 7, 9 Pasta with Sauce 2 Rice & Naan Bread 2 Peas & Sweetcorn Apple Pie & Cream 2, 7	Roast Turkey Mac & Cheese 2, 7 Roast Potatoes & Yorkshire Puddings 2, 4, 7 Cabbage & Carrots Toffee Flavour Mouse 7	Sausages Quorn Sausages 4 Chips & Peas Coleslaw 4 Fruit Salad & Cream 7
W/B 11 th Oct (week 7)	Pasta Bolognese 2 Pasta with Tomato & Basil Sauce 2 Peas & Carrots Date Slice 2	Jacket Potato Tuna or Chicken Mayo 4, 5 Beans or Cheese 7 Salad Chocolate Muffins 2, 4, 7	Pepperoni Pizza 2, 7 Jacket Potato with Tuna Mayo 4, 5 Garlic Bread 2, 7 Salad Victoria Sponge 2, 4, 7	Roast Gammon Quorn Fillets 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Cabbage & Broccoli Yoghurt 7	Chicken Burger 2, 4 Southern Style Quorn Burger 2, 4, 7 Sweetcorn & chips Choc Ice 7
W/B 18 th Oct (week 8)	Lasagne 2, 7 Roasted Vegetables with Rice 2 Garlic Bread 2 Coleslaw 4 & Salad Yoghurts 7	Cheese & Ham Quiche 2, 4, 7 Pasta with Tomato & Basil Sauce 2 New Potatoes & Salad Corn on Cob Shortbread Biscuit 2, 7	Chicken Tikka 4, 7, 9 Vegetable Kebab Rice & Peas 2 Banana Bread 2, 4, 7	Roast Beef Quorn Sausages 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Carrots & Cauliflower Jelly & Fruit	Chicken Nuggets 2, 4 Veggie Nuggets 2, 4 Chips & Beans Frozen Yoghurt 7

Food Allergies and Intolerances - If your child has a food allergy or intolerance, please speak to the class teacher who can liaise with the school kitchen regarding allergen information.

Yoghurts, fresh fruit and bread will be available every day. Please note: This menu is subject to minor alterations due to the availability of certain foods.

Allergens

1 – Celery 2 – Cereals containing gluten 3 – Crustaceans 4 – Egg 5 – Fish 6 – Lupins 7 – Milk 8 – Molluscs 9 – Mustard 10 – Nuts 11 – Peanuts 12 – Sesame Seeds 13 – Soya 14 – Sulphur Dioxide (Sulphites)