

**MENU Tuesday 4<sup>th</sup> January – Friday 12<sup>th</sup> February 2020 - SCHOOL MEALS COST £2.30 PER DAY (£11.50 PER WEEK)**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/B 4 <sup>th</sup> Jan (week 1)	Pasta Bolognese 2 Pasta & Tomato Sauce 2 Sweetcorn & Carrots Cake with Sprinkles 2, 4, 7	Sausage Rolls 2 Quorn Sausages 4 Chips & Beans Jelly	Cheese & Tomato Pizza 2, 7 Garlic Bread 2, 7 & Sweetcorn Artic Roll 2, 4, 7, 13	Roast Gammon Quorn Fillets 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Vegetables & Gravy Chocolate Sponge & Chocolate Custard 2	Chicken Nuggets 2, 4 Veggie Nuggets 2, 4 Chips & Beans Biscuit 2, 7
W/B 11 <sup>th</sup> Jan (week 2)	Shepherds Pie 2, 07 Pasta & Tomato Sauce 2 Peas & Carrots Yoghurts 7, Cheese & Biscuits 2, 4, 7	Sausages 2 Quorn Burger 2, 4, 7 Diced Potatoes & Sweetcorn Yoghurts 7, Cheese & Biscuits 2, 4, 7	Chicken Curry 4, 7, 9 Pasta & Tomato Sauce 2 Rice & Naan Bread 2 Yoghurts 7, Cheese & Biscuits 2, 4, 7	Roast Beef Quorn Fillets 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Broccoli & Cauliflower Yoghurts 7, Cheese & Biscuits 2, 4, 7	Fish in Breadcrumbs 2 Veggie Nuggets 2, 4 Chips & Beans Yoghurts 7, Cheese & Biscuits 2, 4, 7
W/B 18 <sup>th</sup> Jan (week 3)	Meatballs & Past Sauce 2, 4, 7 Quorn Meatballs & Pasta Sauce 2, 4 Sweetcorn & Carrots Blueberry Muffins 2, 4, 7	Cheese & Tomato Pizza 2, 7 Garlic Bread 2, 7 Beans Jelly & Fruit	Chicken Korma 4, 7, 9 Rice & Naan Bread 2 Jacket Potato with Tuna Mayo 4, 5 Yoghurts 7, Cheese & Biscuits 2, 4, 7	Roast Turkey Quorn Sausages 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Cabbage & Carrots Cupcakes 2, 4, 7	Chicken Burger, Lettuce & Mayo 2, 4, 7 Quorn Burger 4 Chips & Sweetcorn Biscuit 2, 7
W/B 25 <sup>th</sup> Jan (week 4)					
W/B 1 <sup>st</sup> Feb (week 5)					
W/B 8 <sup>th</sup> Feb (week 6)					

**Food Allergies and Intolerances - If your child has a food allergy or intolerance, please speak to the class teacher who can liaise with the school kitchen regarding allergen information.**

**Yoghurts, fresh fruit and bread will be available every day. Please note: This menu is subject to minor alterations due to the availability of certain foods.**

Allergens

1 – Celery 2 – Cereals containing gluten 3 – Crustaceans 4 – Egg 5 – Fish 6 – Lupins 7 – Milk 8 – Molluscs 9 – Mustard 10 – Nuts 11 – Peanuts 12 – Sesame Seeds 13 – Soya 14 – Sulphur Dioxide (Sulphites)