

MENU Tuesday 2nd Sept – Friday 23rd October 2020 - SCHOOL MEALS COST £2.30 PER DAY (£11.50 PER WEEK)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/B 2nd Sept (week 1)	Bank Holiday	Staff Training Day	Quiche Lorraine New Potatoes & Salad Jacket Potato with Tuna Fruit Salad & Cream	Roast Beef Quorn Fillet Roast Potatoes & Yorkshire Puddings Broccoli & Carrots Lemon Drizzle Cake	Chicken Nuggets Veggie Nuggets Chips & Beans Ice Cream Pots
W/B 7th Sept (week 2)	Meatballs Quorn Meatballs Pasta with Tomato & Basil Sauce Peas Yoghurt	Chicken Curry Rice & Naan Bread Pasta with Tomato & Basil Sauce Cauliflower Jelly	Cheese & Bacon Whirls Jacket Potato with Cheese Mashed Potato Carrots & Green Beans Jam Tart with Fresh Strawberries	Roast Pork Quorn Sausages Roast Potatoes & Yorkshire Puddings Cauliflower & Carrots Blueberry Muffin	Fish Cheese & Onion Quiche Chips & Peas Artic Roll
W/B 14th Sept (week 3)	Lasagne Jacket Potato with Tuna Garlic Bread Salad Apple Goodie with Cream	Sausages Quorn Sausages Potato Wedges Beans Gypsy Tart with Apple Sauce	BBQ Pork Wraps Pasta with Sauce Rice Mixed Vegetables Victoria Sponge	Roast Gammon Quorn Fillets Roast Potatoes & Yorkshire Puddings Cabbage & Carrots Yoghurts	Chicken in a Bun Quorn Burger Chips & Sweetcorn Biscuit
W/B 21st Sept (week 4)	Chilli Con Carne Rice & Mixed Vegetable Roasted Vegetables Sponge with sprinkles	Cheese & Tomato Pizza Garlic Bread Salad Yoghurt	Quiche Lorraine New Potatoes & Salad Jacket Potato with Tuna Fruit Salad & Cream	Roast Beef Quorn Fillet Roast Potatoes & Yorkshire Puddings Broccoli & Carrots Lemon Drizzle Cake	Chicken Nuggets Veggie Nuggets Chips & Beans Ice Cream Pots
W/B 28th Sept (week 5)	Meatballs Quorn Meatballs Pasta with Tomato & Basil Sauce Peas Yoghurt	Chicken Curry Rice & Naan Bread Pasta with Tomato & Basil Sauce Cauliflower Jelly	Cheese & Bacon Whirls Jacket Potato with Cheese Mashed Potato Carrots & Green Beans Jam Tart with Fresh Strawberries	Roast Pork Quorn Sausages Roast Potatoes & Yorkshire Puddings Cauliflower & Carrots Blueberry Muffin	Fish Cheese & Onion Quiche Chips & Peas Artic Roll
W/B 5th Oct (week 6)	Lasagne Jacket Potato with Tuna Garlic Bread Salad Apple Goodie with Cream	Sausages Quorn Sausages Potato Wedges Beans Gypsy Tart with Apple Sauce	BBQ Pork Wraps Pasta with Sauce Rice Mixed Vegetables Victoria Sponge	Roast Gammon Quorn Fillets Roast Potatoes & Yorkshire Puddings Cabbage & Carrots Yoghurts	Chicken in a Bun Quorn Burger Chips & Sweetcorn Biscuit
W/B 12th Oct (week 7)	Chilli Con Carne Rice & Mixed Vegetable Roasted Vegetables Sponge with sprinkles	Cheese & Tomato Pizza Garlic Bread Salad Yoghurt	Quiche Lorraine New Potatoes & Salad Jacket Potato with Tuna Fruit Salad & Cream	Roast Beef Quorn Fillet Roast Potatoes & Yorkshire Puddings Broccoli & Carrots Lemon Drizzle Cake	Chicken Nuggets Veggie Nuggets Chips & Beans Ice Cream Pots
W/B 19th Sept (week 8)	Meatballs Quorn Meatballs Pasta with Tomato & Basil Sauce Peas Yoghurt	Chicken Curry Rice & Naan Bread Pasta with Tomato & Basil Sauce Cauliflower Jelly	Cheese & Bacon Whirls Jacket Potato with Cheese Mashed Potato Carrots & Green Beans Jam Tart with Fresh Strawberries	Roast Pork Quorn Sausages Roast Potatoes & Yorkshire Puddings Cauliflower & Carrots Blueberry Muffin	Fish Cheese & Onion Quiche Chips & Peas Artic Roll

Food Allergies and Intolerances - If your child has a food allergy or intolerance, please speak to the class teacher who can liaise with the school kitchen regarding allergen information.

Yoghurts, fresh fruit and bread will be available every day. Please note: This menu is subject to minor alterations due to the availability of certain foods.