

MENU Tuesday 6th June - Friday 29th July 2022 - SCHOOL MEALS COST £2.30 PER DAY (£11.50 PER WEEK)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/B 6 th June (week 1)	Chicken Fajitas 1, 2, 4 Macaroni Cheese 2, 7, 9 Potato Wedges Corn on the Cob & Salad Chocolate Crispy Cakes	Cheese & Bacon Whirls 4, 7 Quorn Sausage 4 Mashed Potato 7 Beans Strawberry Mousse 7	Chicken Tikka Curry 4, 7, 9 Pasta with Tomato & Basil Sauce 2 Rice & Peas Naan Bread 2, 7 Yoghurt 7	Roast Gammon Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2, 4, 13 Yorkshire Pudding 2, 4, 7 Cabbage, Carrots & Stuffing 1, 2, 7 Jelly & Fruit	Chicken Burger 2, 4 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Milk Shake & Choc-Ice 7
W/B 13 th June (week 2)	Sausage Roll 2, 4, 7, 9, 13, 14 Quorn Sausages 2, 4, 7 Mash 7 Green Beans & Carrots Gravy 2, 4, 13 Lemon Drizzle Cake 2, 4, 7	Cheese & Ham Quiche 2, 4, 7 Macaroni Cheese 2, 7, 9 New Potatoes Salad Shortbread Biscuit 2, 7	Lasagne 2, 7 Pasta & Sauce 2 Garlic Bread 2 Coleslaw 4 & Sweetcorn Fruit Salad & Cream 7	Roast Beef Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2, 4, 13 Yorkshire Pudding 2, 4, 7 Carrots, Cauliflower & Stuffing 1, 2, 7 Yoghurt 7	Cod Fish Portions 2, 7 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Fruit Salad & Cream 7 Chocolate Cake 2, 4, 7
W/B 20 th June (week 3)	Pasta Bolognese 2 Pasta with Tomato & Basil Sauce 2 Garlic Bread 2 Peas & Carrots Cupcakes 2, 4, 7	Beef Spring Rolls 1, 2, 4, 7 Thai Vegetable Noodles 2, 4 Curry Sauce Rice & Peas Jelly & Fruit	BBQ Pulled Pork in a Wrap 2, 4 Macaroni Cheese 2, 7, 9 Salad & Sweetcorn Victoria Sponge & Fresh Strawberries 2, 4, 7	Roast Turkey Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2, 4, 13 Yorkshire Pudding 2, 4, 7 Broccoli, Carrots & Stuffing 1, 2, 7 Frozen Yoghurt 7	Chicken Nuggets 2, 13 Veggie Nuggets 2, 4 Chips & Beans Milkshake 7 Jam Tart 2, 4
W/B 27 th June (week 4)	Chicken Fajitas 1, 2, 4 Macaroni Cheese 2, 7, 9 Potato Wedges Corn on the Cob & Salad Chocolate Crispy Cakes	Cheese & Bacon Whirls 4, 7 Quorn Sausage 4 Mashed Potato 7 Beans Strawberry Mousse 7	Chicken Tikka Curry 4, 7, 9 Pasta with Tomato & Basil Sauce 2 Rice & Peas Naan Bread 2, 7 Yoghurt 7	Roast Gammon Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2, 4, 13 Yorkshire Pudding 2, 4, 7 Cabbage, Carrots & Stuffing 1, 2, 7 Jelly & Fruit	Chicken Burger 2, 4 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Milk Shake & Choc-Ice 7
W/B 4 th July (week 5)	Sausage Roll 2, 4, 7, 9, 13, 14 Quorn Sausages 2, 4, 7 Mash 7 Green Beans & Carrots Gravy 2, 4, 13 Lemon Drizzle Cake 2, 4, 7	Cheese & Ham Quiche 2, 4, 7 Macaroni Cheese 2, 7, 9 New Potatoes Salad Shortbread Biscuit 2, 7	SPORTS DAY Packed Lunches	Roast Beef Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2, 4, 13 Yorkshire Pudding 2, 4, 7 Carrots, Cauliflower & Stuffing 1, 2, 7 Yoghurt 7	Cod Fish Portions 2, 7 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Fruit Salad & Cream 7 Chocolate Cake 2, 4, 7
W/B 11 th July (week 6)	Pasta Bolognese 2 Pasta with Tomato & Basil Sauce 2 Garlic Bread 2 Peas & Carrots Cupcakes 2, 4, 7	Beef Spring Rolls 1, 2, 4, 7 Thai Vegetable Noodles 2, 4 Curry Sauce Rice & Peas Jelly & Fruit	BBQ Pulled Pork in a Wrap 2, 4 Macaroni Cheese 2, 7, 9 Salad & Sweetcorn Victoria Sponge & Fresh Strawberries 2, 4, 7	Roast Turkey Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2, 4, 13 Yorkshire Pudding 2, 4, 7 Broccoli, Carrots & Stuffing 1, 2, 7 Frozen Yoghurt 7	BGFESTIVAL Beef Burger 2, 4 Southern Style Quorn Burger 2, 4, 7 Chips Ice Lollies
W/B 18 th July (week 7)	COMMUNITY PICNIC Packed Lunches	Chicken Nuggets 2, 13 Veggie Nuggets 2, 4 Chips & Beans Milkshake 7 Ice Lollies	Summer Holiday		

Food Allergies and Intolerances - If your child has a food allergy or intolerance, please speak to the class teacher who can liaise with the school kitchen regarding allergen information.

Yoghurts, fresh fruit and bread will be available every day. Please note: This menu is subject to minor alterations due to the availability of certain foods.

Allergens 1 - Celery 2 - Cereals containing gluten 3 - Crustaceans 4 - Egg 5 - Fish 6 - Lupins 7 - Milk 8 - Molluscs 9 - Mustard 10 - Nuts 11 - Peanuts 12 - Sesame Seeds 13 - Soya 14 - Sulphur Dioxide (Sulphites)