

MENU Tuesday 4th January – Friday 11th February 2021 – SCHOOL MEALS COST £2.30 PER DAY (£11.50 PER WEEK)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/B 4 th Jan (week 1)	Holiday	Pasta Bolognese 2 Pasta with Tomato & Basil Sauce 2 Peas & Carrots Date Slice 2 & Custard 4, 6, 7, 13	Pepperoni Pizza 2, 7 Jacket Potato with Tuna Mayo 4, 5 Garlic Bread 2, 7 Corn on the Cob Victoria Sponge 2, 4, 7	Roast Gammon Quorn Fillets 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Cabbage & Carrots Yoghurt 7	Chicken Burger 2, 4 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Choc Ice 7
W/B 10 th Jan (week 2)	Lasagne 2, 7 Roasted Vegetables with Rice 2 Garlic Bread 2 Coleslaw 4 & Sweetcorn Shortbread Biscuit 2, 7	Sausage Roll 2, 4, 7, 9, 13, 14 Quorn Sausages 4 Mash 2, 7 Green Beans & Carrots Chocolate Cake 2, 4, 7 & Custard 4, 6, 7, 13	Chicken Tikka 4, 7, 9 Vegetable Kebab Rice & Peas 2 Naan Bread 2, 7 Banana Bread 2, 4, 7	Roast Beef Quorn Sausages 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Carrots & Cauliflower Jelly & Fruit	Chicken Nuggets 2, 4 Veggie Nuggets 2, 4 Chips & Beans Frozen Yoghurt 7
W/B 17 th Jan (week 3)	Meatballs 2, 4 Quorn Meatballs 2, 4 Pasta with Tomato Sauce 2 Green Beans & Carrots Cup Cakes 2, 4, 7	Chicken Fajitas 1, 2, 4 Quorn Fajitas 1, 2, 4 Potato Wedges Corn on the Cob & Salad Yoghurt 7	Sausages Quorn Sausages 4 Mash & Peas Apple Crumble 4, 6, 13 Custard 7	Roast Turkey Mac & Cheese 2, 7, 9 Roast Potatoes & Yorkshire Puddings 2, 4, 7 Broccoli & Carrots Toffee Flavour Mouse 7	Fish Fingers 2, 4, 5 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Fruit Salad & Cream 7
W/B 24 th Jan (week 4)	Pasta Bolognese 2 Pasta with Tomato & Basil Sauce 2 Peas & Carrots Date Slice 2 & Custard 4, 6, 7, 13	Chicken Korma 4, 7, 9 Mac & Cheese 2, 7, 9 Rice & Naan Bread 2 Peas Fruity Flapjack 2, 7	Pepperoni Pizza 2, 7 Jacket Potato with Tuna Mayo 4, 5 Garlic Bread 2, 7 Corn on the Cob Victoria Sponge 2, 4, 7	Roast Gammon Quorn Fillets 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Cabbage & Carrots Yoghurt 7	Chicken Burger 2, 4 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Choc Ice 7
W/B 31 st Jan (week 5)	Lasagne 2, 7 Roasted Vegetables with Rice 2 Garlic Bread 2 Coleslaw 4 & Sweetcorn Shortbread Biscuit 2, 7	Sausage Roll 2, 4, 7, 9, 13, 14 Quorn Sausages 4 Mash 2, 7 Green Beans & Carrots Chocolate Cake 2, 4, 7 & Custard 4, 6, 7, 13	Chicken Tikka 4, 7, 9 Vegetable Kebab Rice & Peas 2 Naan Bread 2, 7 Banana Bread 2, 4, 7	Roast Beef Quorn Sausages 4 Roast Potatoes & Yorkshire Pudding 2, 4, 7 Carrots & Cauliflower Jelly & Fruit	Chicken Nuggets 2, 4 Veggie Nuggets 2, 4 Chips & Beans Frozen Yoghurt 7
W/B 7 th Feb (week 6)	Meatballs 2, 4 Quorn Meatballs 2, 4 Pasta with Tomato Sauce 2 Green Beans & Carrots Cup Cakes 2, 4, 7	Chicken Fajitas 1, 2, 4 Quorn Fajitas 1, 2, 4 Potato Wedges Corn on the Cob & Salad Yoghurt 7	Sausages Quorn Sausages 4 Mash & Peas Apple Crumble 4, 6, 13 Custard 7	Roast Turkey Mac & Cheese 2, 7, 9 Roast Potatoes & Yorkshire Puddings 2, 4, 7 Broccoli & Carrots Toffee Flavour Mouse 7	Fish Fingers 2, 4, 5 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Fruit Salad & Cream 7

Food Allergies and Intolerances - If your child has a food allergy or intolerance, please speak to the class teacher who can liaise with the school kitchen regarding allergen information.

Yoghurts, fresh fruit and bread will be available every day. Please note: This menu is subject to minor alterations due to the availability of certain foods.

Allergens

1 - Celery 2 - Cereals containing gluten 3 - Crustaceans 4 - Egg 5 - Fish 6 - Lupins 7 - Milk 8 - Molluscs 9 - Mustard 10 - Nuts 11 - Peanuts 12 - Sesame Seeds 13 - Soya 14 - Sulphur Dioxide (Sulphites)