

# HOME LEARNING

## Year 11 -World Beliefs

- ⦿ Lent is a time when Christians remember the 40 days and nights Jesus spent alone in the desert without food being tempted by the Devil. Jesus used this time to prepare for His work by fasting and praying.
- ⦿ Some Christians try to follow the example of Jesus in the desert by giving up luxuries and practising self-discipline.
- ⦿ The last week of Lent begins with **Palm Sunday**, which celebrates the day Jesus entered Jerusalem and the people lay down palms at his feet. The last day of Lent is **Holy Saturday**, the day before **Easter Sunday** (Easter Day).
  
- ⦿ **Jews**  
**Yom Kippur** is the Day of Atonement when Jews believe they are punished for past sins and can pray for the future. It is a solemn time when Jews feel they have to show they want forgiveness for their sins by practising self-discipline. They do this by fasting and praying.
- ⦿ **Muslims**  
**Ramadan** is the month when Muslims fast from before sunrise to sunset. It remembers the time when the Prophet Muhammad (Peace Be Upon Him) received the first revelation of the Qur'an, the Muslim holy book, from the Angel Jibril.
- ⦿ **Hindus**  
Hindus fast at festivals and at other times to show devotion to the Hindu deities (gods). They fast on certain days of the month such as Purnima (full moon) and Ekadasi (the 11th day of the fortnight) and also on certain days of the week depending on their favourite God and its special day.

### Answer the following questions in full sentences:

What did Jesus do in the desert to resist the temptation from the Devil?

What does temptation mean and can you give an example?

What does it mean to fast and how many days did Jesus do this for in the desert?

What day did Jesus enter Jerusalem and what did people lay at his feet?

Explain the Jewish tradition of Yom Kippur

When do Muslims fast and what is the name of their God?

On what days do Hindus fast?

If you have any questions please email me at [chiggins@bower-grove.kent.sch.uk](mailto:chiggins@bower-grove.kent.sch.uk) and if possible please email me a picture of the work you have completed.

See you soon.

# HOME LEARNING

Explain why fasting is a good example of self-discipline

Would you consider giving something up for lent, 40 days and 40 nights? Explain your answer.