

## **The Kent Autistic Trust**

14 High Street, Brompton, GILLINGHAM, Kent ME7 5AE, Contact: Jo Blamires Tel: 01634 405168  
E-mail: [jo@kentakautistic.com](mailto:jo@kentakautistic.com)

## **SUPPORT/INFORMATION GROUPS FOR PARENTS IN KENT AND MEDWAY**

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### **EAST KENT**

#### **KAT Autism/Asperger Syndrome Parents Support Group (Canterbury)**

Contact: Jo Blamires - Tel: 01634 405168 E-mail: [jo@kentakautistic.com](mailto:jo@kentakautistic.com) (Children)

Contact: Emily May Miles - Tel: 01634 405168 E-mail: [emilymay@kentakautistic.com](mailto:emilymay@kentakautistic.com) (Adults)

#### **SPOTS Supporting people on the spectrum**

A support group run by Parents and Carers for Family & Friends of children and young people on the Autistic Spectrum. Meetings at Greenbanks, Westfield Road, MARGATE CT9 5PA on the first Monday of the month, term-time only. For further information - telephone – 07717-064944 or 07968-195224 or E-mail

[spotspectrum@talktalk.net](mailto:spotspectrum@talktalk.net)

#### **NAS Thanet Branch**

Support group for parents/carers and somewhere for kids/adults with autism to have fun (siblings welcome). Activities including a games corner, Pool, Gymnasium, Computers, Art Room and Basketball Court. Tuck shop, drinks, hot food available. Every Saturday 5:30pm -8:30pm. Runs during term time and holidays. For further information contact Kerri Smith E-mail: [thanet@nas.org.uk](mailto:thanet@nas.org.uk) Website: [www.nasbranch.org.uk/thanet](http://www.nasbranch.org.uk/thanet)

#### **Thanet Autistic Parents' Support**

Our group is a parent run support group for

Parents, carers, or any family members who have a autistic/ asd child/adult within the family.

We meet every Friday term time only at "Copperfields", 150 Newington Road Ramsgate Kent CT126PU

Facebook page Thanet autistic parents support <https://www.facebook.com/groups/599105976882328/>

#### **NAS Dover and Deal Branch**

Various groups for families affected by ASD. Sharing information and support both local and national.

Age 10 and under fun club, Age 10+ youth club, Age 16+ Meet ups S.P.A.C.E coffee afternoons for parents at Whitfield and Aspen School. Please contact for information on dates/times:

Katy Jenner Branch officer - Phone: 07717-818680 E-mail: [doveranddeal@nas.org.uk](mailto:doveranddeal@nas.org.uk)

Website: [www.nasbranch.org.uk/doveranddeal](http://www.nasbranch.org.uk/doveranddeal)

#### **Sittingbourne**

Group for parents of pre-school and primary aged children. Orchard, Atlee Way, Sittingbourne  
10-00-12.00 dates vary. For further information:

Louise – Phone: 01795-227171 Website: [www.4us2.org](http://www.4us2.org)

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### **MID KENT**

#### **KAT Autism/Asperger Syndrome Parents Support Group - Maidstone**

Contact: Jo Blamires - Tel: 01634 405168 E-mail [jo@kentakautistic.com](mailto:jo@kentakautistic.com) (Children)

Contact: Emily May Miles - Tel: 01634 405168 E-mail [emilymay@kentakautistic.com](mailto:emilymay@kentakautistic.com) (Adults)

#### **KAT Autism/Asperger Syndrome Parents Support Group - Ashford**

Contact: Jo Blamires - Tel: 01634 405168 E-mail [jo@kentakautistic.com](mailto:jo@kentakautistic.com) (Children)

Contact: Emily May Miles - Tel: 01634 405168 E-mail [emilymay@kentakautistic.com](mailto:emilymay@kentakautistic.com) (Adults)

#### **ASD Ashford Support Group**

Drop in sessions weekly on Tuesday's 10:00am -2:00pm. One to one appointments available on Thursday's. 123 County Square Shopping Centre, Elwin Road, Ashford TN23 1AE. For further information:

Tel: 07716 469637 E-mail: [asdashfordgroup@gmail.com](mailto:asdashfordgroup@gmail.com) Website: [www.ASDashford.com](http://www.ASDashford.com) \*Also on Facebook\*

### **Shepway Autism Support Group**

Covering Folkestone, Hythe and Romney Marsh. Youth club every Friday 5:30pm-8:00pm age 11+ at Hythe Bay Youth Centre. New parents/carers monthly coffee group. At The Beacon, Folkestone on the first Monday of the month, contact phone number is 07930 254729

For further information:

Website: [www.shepwayautism.org](http://www.shepwayautism.org)

E-mail: [contact@shepwayautism.org](mailto:contact@shepwayautism.org)

### **Bower grove Parent Support Group**

Based in Maidstone. Open to parents/carers of children with special needs including those on the autistic spectrum. Contact Jo Cousins E-mail: [psg.bowergrove@btinternet.com](mailto:psg.bowergrove@btinternet.com) Tel: 01622-726773 during school hours. [www.bower-grove.kent.sch.uk/](http://www.bower-grove.kent.sch.uk/) select "parent support"

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## **WEST KENT**

### **KAT Autism/Asperger Syndrome Parents Support Group - Tunbridge Wells**

Contact: Jo Blamires Tel: 01634-405168 E-mail: [jo@kentakautistic.com](mailto:jo@kentakautistic.com) (Children)

Contact: Emily May Miles tel: 01634-405168 E-mail: [emilymay@kentakautistic.com](mailto:emilymay@kentakautistic.com) (Adults)

### **Helen Allison School Parent/Carer Support Group**

Meets weekly on Friday mornings, during term time. Children are welcome but must be supervised.

Fridays at 10am – 11.30am At: Emmanuel Baptist Church Windmill Street, Gravesend, DA121BB

3<sup>rd</sup> floor. If you are interested in attending, please contact Tim Cook: [tim.cook@nas.org.uk](mailto:tim.cook@nas.org.uk) 07990-742081

### **Tonbridge Carers FIRST Support Group for carers of children with Autism/Aspergers**

Meets monthly on a Monday between 7:30pm-9:30pm at Angel Centre in Tonbridge. Contact carers first Tel: 0300 3031555 for details and to register.

### **MIND Support Group**

Support group for parents/carers of children with ASD. Meets weekly on Mondays 10:00am-11:30am including holidays 34 St Johns Road, Sevenoaks, TN13 3LW. For further information: E-mail:

[asd@westkentmind.org.uk](mailto:asd@westkentmind.org.uk) Phone: 01732-744950

### **Support Groups – Beams**

Monthly support group for parents/carers of children with ASD/other disabilities. Venues including Swanley, Gravesend and Northfleet. You are welcome to attend all/any of the groups (diagnosis not necessary). Further information including addresses/times/dates can be found on the website [www.wearebeams.org.uk](http://www.wearebeams.org.uk) or phone:

01322-668501 E-mail: [admin@wearebeams.org.uk](mailto:admin@wearebeams.org.uk)

### **Fathers Club – Beams**

Support group for Fathers of children on the Autistic Spectrum. Facilitator – Andy Young. Monthly group on a Thursday 7:30pm. Beams, Allsworth Court, 38-40 St Davids Road, Hextable, BR8 7RJ. E-mail:

[fathersclubkent@outlook.com](mailto:fathersclubkent@outlook.com) Phone: 01322-668501

### **Evening Talks**

For parents/carers of children with ASD. Stone St Mary School, Dartford, DA9 1EF, 6:45pm-8:45pm. For further information E-mail: [lois.spearing@nhs.net](mailto:lois.spearing@nhs.net)

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## **MEDWAY**

### **KAT Autism/Asperger Syndrome Parents Support Group - Medway**

Contact: Jo Blamires Tel: 01634-405168 E-mail: [jo@kentakautistic.com](mailto:jo@kentakautistic.com) (Children)

Contact: Emily May Miles Tel: 01634-405168 E-mail: [emilymay@kentakautistic.com](mailto:emilymay@kentakautistic.com) (Adults)

**MAGIC Medway autism group and information centre**

Coffee mornings, youth groups, training courses, discussion groups with visiting professionals, holiday activity days, Monkey Bizz sessions, family activities.

For further information check our website or contact the office between 9am and 4pm, Monday to Friday. Tel: 01634-570706 website [www.medway-magic.org](http://www.medway-magic.org) E-mail: [admin@medway-magic.org](mailto:admin@medway-magic.org)

Amended April 2017