

MENU Tuesday 3rd January - Friday 10th February 2022 - SCHOOL MEALS COST £2.30 PER DAY (£11.50 PER WEEK)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/B 3 rd Jan (week 1)	Bank Holiday	Toad in the Hole 2, 4, 7 Pasta & Sauce 2 Mashed Potato 7 Carrots, Peas, Gravy 2, 4, 13 Apple Crumble & Custard 7	Pepperoni Pizza 2, 7 Jacket Potato with Tuna Mayo 4, 5 Sweet Potato Wedges Garlic Bread 2, 7 Iced Sponge 2, 4, 7	Roast Turkey Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2,4,13 Yorkshire Pudding 2, 4, 7 Broccoli, Carrots & Stuffing 1, 2, 7 Butterscotch Delight 7	Beef & Cheese Burger 2, 4 Veggie Burger 2, 4, 7 Beans & Chips Ketchup Milk Shake Frozen Yoghurt 7
W/B 9 th Jan (week 2)	Shepherds Pie 7 Pasta & Sauce 2 Cabbage & Carrots Pear & Chocolate Sponge 2, 4, 7 Custard 7	Chicken Tikka Curry 4,7, 9 Macaroni Cheese 2, 7, 9 Rice & Peas 2 Naan Bread 2, 7 Jelly & Fresh Fruit 2, 7	Meatballs & Pasta 2, 4 Pasta & Sauce 2 Peas & Sweetcorn Victoria Sponge & Fresh Strawberries 2, 4, 7	Roast Beef Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2,4,13 Yorkshire Pudding 2, 4, 7 Carrots, Cauliflower Stuffing 1, 2, 7 Lemon Drizzle Cake 2, 4, 7	Chicken Nuggets 2, 13 Veggie Nuggets 2, 4 Chips & Beans Ketchup Milkshake 7 Oat Cookies 2, 7
W/B 16 th Jan (week 3)	Chilli Boats 2 Macaroni Cheese 2, 7, 9 Rice & Salad 2 Corn on the Cob Fruity Flapjack 2	Sausage Roll 2 Quorn Sausages 2, 4, 7 Mash 7 Green Beans & Carrots Banana Muffins 2, 4, 7	Cheese & Bacon Whirls 4, 7 Pasta & Sauce 2 Potato Croquettes 7 Beans Rice Pudding & Brown Sugar 2	Roast Gammon & Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2,4,13 Yorkshire Pudding 2, 4, 7 Carrots & Stuffing 1, 2, 7 Cauliflower Cheese 7 Golden Crispy Cakes 2	Cod Fish Portions 2, 7 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Ketchup Milkshake 7 Oat Cookies 2, 7
W/B 23 rd Jan (week 4)	Chicken Fajitas 1, 2, 4 Macaroni Cheese 2, 7, 9 Potato Wedges Corn on the Cob & Salad Shortbread Biscuit 2, 7	Toad in the Hole 2, 4, 7 Pasta & Sauce 2 Mashed Potato 7 Carrots, Peas, Gravy 2, 4, 13 Apple Crumble & Custard 7	Pepperoni Pizza 2, 7 Jacket Potato with Tuna Mayo 4, 5 Sweet Potato Wedges Garlic Bread 2, 7 Iced Sponge 2, 4, 7	Roast Turkey Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2,4,13 Yorkshire Pudding 2, 4, 7 Broccoli, Carrots & Stuffing 1, 2, 7 Butterscotch Delight 7	Beef & Cheese Burger 2, 4 Veggie Burger 2, 4, 7 Beans & Chips Ketchup Milk Shake Frozen Yoghurt 7
W/B 30 th Jan (week 5)	Shepherds Pie 7 Pasta & Sauce 2 Cabbage & Carrots Pear & Chocolate Sponge 2, 4, 7 Custard 7	Chicken Tikka Curry 4,7, 9 Macaroni Cheese 2, 7, 9 Rice & Peas 2 Naan Bread 2, 7 Jelly & Fresh Fruit 2, 7	Meatballs & Pasta 2, 4 Pasta & Sauce 2 Peas & Sweetcorn Victoria Sponge & Fresh Strawberries 2, 4, 7	Roast Beef Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2,4,13 Yorkshire Pudding 2, 4, 7 Carrots, Cauliflower Stuffing 1, 2, 7 Lemon Drizzle Cake 2, 4, 7	Chicken Nuggets 2, 13 Veggie Nuggets 2, 4 Chips & Beans Ketchup Milkshake 7 Oat Cookies 2, 7
W/B 6 th Feb (week 6)	Chilli Boats 2 Macaroni Cheese 2, 7, 9 Rice & Salad 2 Corn on the Cob Fruity Flapjack 2	Sausage Roll 2 Quorn Sausages 2, 4, 7 Mash 7 Green Beans & Carrots Banana Muffins 2, 4, 7	Cheese & Bacon Whirls 4, 7 Pasta & Sauce 2 Potato Croquettes 7 Beans Rice Pudding & Brown Sugar 2	Roast Gammon & Quorn Sausages 2, 4, 7 Roast Potatoes & Gravy 2,4,13 Yorkshire Pudding 2, 4, 7 Carrots & Stuffing 1, 2, 7 Cauliflower Cheese 7 Golden Crispy Cakes 2	Cod Fish Portions 2, 7 Southern Style Quorn Burger 2, 4, 7 Beans & Chips Ketchup Milkshake 7 Oat Cookies 2, 7

Food Allergies and Intolerances - If your child has a food allergy or intolerance, please speak to the class teacher who can liaise with the school kitchen regarding allergen information.

Yoghurts, fresh fruit and bread will be available every day. Please note: This menu is subject to minor alterations due to the availability of certain foods.

Allergens 1 - Celery 2 - Cereals containing gluten 3 - Crustaceans 4 - Egg 5 - Fish 6 - Lupins 7 - Milk 8 - Molluscs 9 - Mustard 10 - Nuts 11 - Peanuts 12 - Sesame Seeds 13 - Soya 14 - Sulphur Dioxide (Sulphites)