



14<sup>th</sup> September 2020

Dear Parents and Carer,

## A Parent Guide

As you are aware, unfortunately cases of Covid are on the rise at the moment alongside the pressure on the testing service.

As a school we are working very hard to ensure our community remains free from Covid.

I am therefore urging parents and carers to be both cautious and vigilant.

I realise the message can be quite confusing about when you should send your child to school or keep them at home. I hope this guide will be helpful to you and bring some clarity. If you are in any doubt, please do not hesitate to call the school office.

Stay Safe,  
With Kind Regards,

Mrs L Salter  
Headteacher

## Parent and Carer guidance for Covid-19

What to do if....	Action Needed	Return to school when....
<b>My child has Covid-19 symptoms:</b> <b>High Temperature</b> – This means you feel hot to touch on your chest or back <b>A New Continuous Cough</b> – This means coughing a lot more than an hour, or 3 or more coughing episodes in 24 hours	<b>Do not come to school</b> Contact school to inform us on 01622 726773  Self isolate the whole household for 14 days  Get a test	The test comes back as negative provided the child feels better.  You should send your negative test result to <a href="mailto:office@bower-grove.kent.sch.uk">office@bower-grove.kent.sch.uk</a>

<p><b>A loss or change to sense of smell or taste</b> – This means you cannot smell or taste anything</p>	<p><b>Inform school of test result by email as soon as you know</b></p>	
<p><b>My child tests positive to Covid-19</b></p>	<p><b>Do not come to school</b>  Contact school to inform us on 01622 726773</p> <p>Agree an earliest date for possible return <b>MINIMUM 10 days</b></p> <p>Self isolate the rest of the household for 14 days</p> <p>School will follow guidance for next steps</p>	<p>The child feels better (must be after 10 days) even if they have a loss or smell/taste as these symptoms can last longer</p>
<p><b>My child tests negative to Covid-19</b></p>	<p>Contact the school to agree a return date for your child</p>	<p>The test comes back as negative provided the child feels better.</p> <p>You should send your negative test result to <a href="mailto:office@bower-grove.kent.sch.uk">office@bower-grove.kent.sch.uk</a></p>
<p><b>My child is ill with symptoms not related to Covid-19</b></p>	<p><b>Follow the school's usual policy</b>  <a href="http://www.bower-grove.kent.sch.uk">www.bower-grove.kent.sch.uk</a></p>	<p>Depend on the reason for absence. If you are unsure, contact the school, or use guidance on school website</p>
<p><b>Someone in my household had Covid-19 symptoms</b></p>	<p><b>Do not come to school</b>  Contact school to inform us on 01622 726773</p> <p>Self isolate the whole household for 14 days</p> <p>Person with symptoms must get tested and you may consider or be asked to test the rest of the household</p> <p><b>Inform school of test result by email as soon as you know</b></p> <p>Remote education will be given via Microsoft TEAMS. Please contact the school for work that can be completed at home</p>	<p>The test comes back as negative provided the child feels better.</p> <p>You should send your negative test result to <a href="mailto:office@bower-grove.kent.sch.uk">office@bower-grove.kent.sch.uk</a></p>

<p><b>Someone in my household tests positive for Covid-19</b></p>	<p><b>Do not come to school</b> Contact school to inform us on 01622 726773</p> <p>Agree an earliest date for possible return <b>MINIMUM 10 days</b></p>	<p>The child has completed 14 days isolation</p>
<p><b>My child's sibling's school bubble is closed due to Covid-19</b></p>	<p><b>Only the child in the closed bubble needs to isolate</b></p> <p>All other household members continue as normal unless symptoms develop</p>	<p>Can return to school as normal on the next working day</p>
<p><b>NHS Track and Trace has identified my child has been in close contact with someone with symptoms of Covid-19</b></p>	<p><b>Do not come to school</b> Contact school to inform us on 01622 726773</p> <p>Agree an earliest date for possible return <b>MINIMUM 14 days</b></p> <p>Send Track and Trace details to <a href="mailto:office@bower-grove.kent.sch.uk">office@bower-grove.kent.sch.uk</a></p>	<p>The child has completed 14 days isolation</p>
<p><b>We/My child has travelled and has had to self-isolate as a period of quarantine</b></p>	<p><b>Do not take unauthorised leave during term time</b></p> <p>Consider quarantine guidance and FCO advice when booking travel</p> <p>Agree an earliest date for possible return <b>MINIMUM 14 days</b></p>	<p>The quarantine period of 14 days has been completed</p>
<p><b>We have received medical advice that my child must shield</b></p>	<p><b>Do not come to school</b> Contact school to inform us on 01622 726773</p> <p>Send copy of the shielding letter to <a href="mailto:office@bower-grove.kent.sch.uk">office@bower-grove.kent.sch.uk</a></p>	<p>School confirms that restrictions have been lifted</p>