Dear Parents and Carers,

We are working with **Imago Young Carers** to raise awareness and make sure there is support in place for our Bower Grove Young Carers.

Young Carers help to look after a sibling, parent or relative with a long-term Illness, disability, mental health issue or someone who has a substance dependency. They may be impacted by what is going on at home and may help in many different ways such as: doing household chores, providing personal care, administering medication, giving emotional or communication support, looking after siblings and themselves.

If your child has already been assessed as a Young Carer, please contact school to inform us, so that we can ensure our register is accurate and they get the support they need.

Imago Young Carers provides support for children up to 18. They provide emotional and practical support for young carers, helping them to balance their caring responsibilities with being children.

They also offer services that support disabled children and their families, helping them to gain independence, learn new skills and have fun in a supportive space with others.

Visit the website to find out more: Our services - Imago

Young carers

Being a young carer can mean different things to different people. If you are under 18 and providing care, it's important to know that support is available. Find out how we can help.



Activity days for children with disabilities

Our Short Breaks service offers children and families the opportunity to spend quality time together, discover local activities, and connect with other families who share similar experiences.



Youth mental health and emotional wellbeing

Providing emotional wellbeing support for children, young people and their families.



Resources for children and young people

Take a look at our resources for additional support.

If you would like to talk to Imago directly for further information, please call or email:

tel:01892 530330

hello@imago.community

If you would like to make a referral yourself, so that you can complete an assessment to access support, please go to the online form:

YC Referral

School are also able to make a referral with parent/carer permission, so please do get in touch if you would like support to refer.

Finally, Imago Young Carers will be attending the Parents Evening on 11 November and their information stand will be set up in the hall for further information.

Kind regards

Vicky French

Pastoral Lead