

MENU 29th October – 19th December 2018 - SCHOOL MEALS COST £2.30 PER DAY (£11.50 PER WEEK)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/B 29th October (week 1)	Pasta Bolognese Vegetable Pasta Green Beans/Sweetcorn Rice Pudding with Pears	Sausage and Apple Herb Plait Quorn Sausages Mashed Potatoes Baked Beans / Peas Chocolate Sponge with Chocolate Custard	Chicken Korma and Rice Pasta Twists with tomato and Basil Sauce Naan Bread Peas/Sweetcorn Shortbread	Roast Beef and Roast Potatoes Jacket Potato with Tuna Yorkshire Puddings Cabbage/Carrots Apple Crumble with Custard	Fish Fingers in a Bun Jacket Potatoes with Cheese Chips Peas/Coleslaw Ice Cream Tubs Milkshake
W/B 5th November (week 2)	Pork Meatball Quorn Meatballs Pasta Twists with Tomato and Basil Sauce Carrots/Cauliflower Iced Cake Slice	Chicken Cheesy Pasta Vegetable Kebab Cauliflower/Carrots Fruit Yoghurts	Margherita Pizza Jacket Potato with Baked Beans Garlic Herby Bread Sweetcorn/Salad Jelly with Fruit Salad	Roast Gammon and Roast Potatoes Quorn Fillet Yorkshire Puddings Green Beans/Carrots Artic Roll	Chicken Nuggets and Chips Breaded Salmon & Broccoli Fishcake Beans/Sweetcorn Biscuit Milkshake
W/B 12th November (week 3)	Lasagne Garlic Bread Pasta Twists with Tomato and Basil Sauce Roasted Vegetables Wholemeal Blueberry Muffins	Chicken Tikka and Rice Macaroni Cheese Naan Bread Peas/Sweetcorn Chocolate Crispy Cake	Sausages Jacket Potatoes with Tuna Mashed Potato Peas/Green Beans Jam Sponge with Custard	Roast Turkey and Yorkshire Puddings Quorn Sausages Roast Potatoes Carrots/Broccoli Frozen Yogurt Pot	Battered Fish and Chips Southern Style Quorn Burger Baked Bean/Peas Fruity Flapjack Milkshake
W/B 19th November (week 1)	Pasta Bolognese Vegetable Pasta Green Beans/Sweetcorn Rice Pudding with Pears	Sausage and Apple Herb Plait Quorn Sausages Mashed Potatoes Baked Beans / Peas Chocolate Sponge with Chocolate Custard	Chicken Korma and Rice Pasta Twists with tomato and Basil Sauce Naan Bread Peas/Sweetcorn Shortbread	Roast Beef and Roast Potatoes Jacket Potato with Tuna Yorkshire Puddings Cabbage/Carrots Apple Crumble with Custard	Fish Fingers in a Bun Jacket Potatoes with Cheese Chips Peas/Coleslaw Ice Cream Tubs Milkshake
W/B 26 November (week 2)	Pork Meatball Quorn Meatballs Pasta Twists with Tomato and Basil Sauce Carrots/Cauliflower Iced Cake Slice	Chicken Cheesy Pasta Vegetable Kebab Cauliflower/Carrots Fruit Yoghurts	Margherita Pizza Jacket Potato with Baked Beans Garlic Herby Bread Sweetcorn/Salad Jelly with Fruit Salad	Roast Gammon and Roast Potatoes Quorn Fillet Yorkshire Puddings Green Beans/Carrots Artic Roll	Chicken Nuggets and Chips Breaded Salmon & Broccoli Fishcake Beans/Sweetcorn Biscuit Milkshake
W/B 3rd December (week 3)	Lasagne Garlic Bread Pasta Twists with Tomato and Basil Sauce Roasted Vegetables Wholemeal Blueberry Muffins	Chicken Tikka and Rice Macaroni Cheese Naan Bread Peas/Sweetcorn Chocolate Crispy Cake	Sausages Jacket Potatoes with Tuna Mashed Potato Peas/Green Beans Jam Sponge with Custard	Roast Turkey and Yorkshire Puddings Quorn Sausages Roast Potatoes Carrots/Broccoli Frozen Yogurt Pot	Battered Fish and Chips Southern Style Quorn Burger Baked Bean/Peas Fruity Flapjack Milkshake
W/B 10th December (week 1)	Pasta Bolognese Vegetable Pasta Green Beans/Sweetcorn Rice Pudding with Pears	Sausage and Apple Herb Plait Quorn Sausages Mashed Potatoes Baked Beans / Peas Chocolate Sponge with Chocolate Custard	Chicken Korma and Rice Pasta Twists with tomato and Basil Sauce Naan Bread Peas/Sweetcorn Shortbread	Roast Beef and Roast Potatoes Jacket Potato with Tuna Yorkshire Puddings Cabbage/Carrots Apple Crumble with Custard	Fish Fingers in a Bun Jacket Potatoes with Cheese Chips Peas/Coleslaw Ice Cream Tubs Milkshake
W/B 17th December (Week 2)	Pork Meatball Quorn Meatballs Pasta Twists with Tomato and Basil Sauce Carrots/Cauliflower Iced Cake Slice	Chicken Cheesy Pasta Vegetable Kebab Cauliflower/Carrots Fruit Yoghurts	Chicken Nuggets and Chips Breaded Salmon & Broccoli Fishcake Beans/Sweetcorn Biscuit Milkshake	END OF TERM	

Food Allergies and Intolerances - If your child has a food allergy or intolerance, please speak to the class teacher who can liaise with the school kitchen regarding allergen information.

Yoghurts, fresh fruit and bread will be available every day. Please note: This menu is subject to minor alterations due to the availability of certain foods.

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