

MENU 4th January – 8th February 2018 - SCHOOL MEALS COST £2.30 PER DAY (£11.50 PER WEEK)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/B 4th January (Week 1)	HOLIDAY	HOLIDAY	HOLIDAY	Roast Gammon Yorkshire Pudding Veggie Fingers Roast Potatoes, Green Cabbage, Creamed Swede Rice Pudding and Pears	Cheese & Tomato Pizza Breaded Salmon & Broccoli Fishcake Chips Baked Beans / Peas Fruit Jelly and Ice-Cream
W/B 8th January (Week 2)	Lasagne Garlic Bread Veggie Chilli with Wholemeal Pasta Broccoli & Cauliflower Oat Cookie with Milk	Pork Sausages Sweet Potato and Lentil Curry Mashed Potatoes Boiled Rice Peas / Baked Beans Jam & Coconut Sponge & Custard	Chicken Burger in Buns Quorn Bolognaise Saute Potatoes Sweetcorn Peas Cherry Pie and Custard	Roast Turkey with Stuffing Crunchy Cauliflower & Broccoli Bake Roast Potatoes Carrots / Green Beans Eves Pudding and Custard	Wholemeal Breaded Cod & Tomato Ketchup Cheese & Vegetable Parcel Chips / Baked Beans Fresh Tomato Flapjack
W/B 15th January (week 3)	Pork Meatballs in Tomato Sauce with Pasta Vegetable Pasta Bake Broccoli / Sweetcorn Apple Crumble and Custard	Chicken Curry Mixed Rice Roasted Vegetable Risotto Cauliflower / peas Lemon Drizzle Cake	Cheese & Bacon Quiche Curried Vegetable Pasty Mashed Potatoes Rainbow Coleslaw Green Beans Shortbread & Custard	Roast Beef & Yorkshire Pudding Quorn Sausage Roast Potatoes Cabbage / Carrots Fruit & Meringues	Chicken Nuggets Tomato Ketchup Vegetable Lasagne Chips Baked Beans / Peas Banana & Chocolate Muffins
W/B 22nd January (week 1)	Beef Bolognaise with Wholemeal Spaghetti Macaroni Cheese Green Beans / Sweetcorn Apple Goodie & Custard	Chicken & Vegetable Pie Gravy Quorn Sausages Mashed Potatoes Peas/Carrots Golden Krispy Cake	Chicken Curry Veggie Kebab Rainbow Rice Broccoli / Green Beans Chocolate Sponge & Chocolate Custard	Roast Gammon Yorkshire Pudding Veggie Fingers Roast Potatoes, Green Cabbage, Creamed Swede Rice Pudding and Pears	Cheese & Tomato Pizza Breaded Salmon & Broccoli Fishcake Chips Baked Beans / Peas Fruit Jelly and Ice-Cream
W/B 29th January (week 2)	Lasagne Garlic Bread Veggie Chilli with Wholemeal Pasta Broccoli & Cauliflower Oat Cookie with Milk	Pork Sausages Sweet Potato and Lentil Curry Mashed Potatoes Boiled Rice Peas / Baked Beans Jam & Coconut Sponge & Custard	Chicken Burger in Buns Quorn Bolognaise Saute Potatoes Sweetcorn / Peas Cherry Pie and Custard	Roast Turkey with Stuffing Crunchy Cauliflower & Broccoli Bake Roast Potatoes Carrots / Green Beans Eves Pudding and Custard	Wholemeal Breaded Cod & Tomato Ketchup Cheese & Vegetable Parcel Chips / Baked Beans Fresh Tomato Flapjack
W/B 5th February (week 3)	Pork Meatballs in Tomato Sauce with Pasta Vegetable Pasta Bake Broccoli / Sweetcorn Apple Crumble and Custard	Chicken Curry Mixed Rice Roasted Vegetable Risotto Cauliflower / Peas Lemon Drizzle Cake	Cheese & Bacon Quiche Curried Vegetable Pasty Mashed Potatoes Rainbow Coleslaw Green Beans Shortbread & Custard	Roast Beef & Yorkshire Pudding Quorn Sausage Roast Potatoes Cabbage / Carrots Fruit & Meringues	STAFF TRAINING DAY

Food Allergies and Intolerances - If your child has a food allergy or intolerance, please speak to the class teacher who can liaise with the school kitchen regarding allergen information.

Cheese & biscuits, yoghurts, fresh fruit and bread will be available every day. Please note: This menu is subject to minor alterations due to the availability of certain foods.